

# Eucharist

## *St. Bridget of Kildare, Abbess*

Bridget (Brigid, Bride, Bridey, or in Welsh, Ffraid) of Kildare was born around 450 into a Druid family, being the daughter of Dubhthach, court poet to King Loeghaire. At an early age, she decided to become a Christian, and she eventually took vows as a nun. Together with a group of other women, she established a nunnery at Kildare (meaning, Church of the Oak). She was later joined by a community of monks led by Conlaed. Kildare had formerly been a pagan shrine where a sacred fire was kept perpetually burning, and Bridget and her nuns, instead of stamping out the fire, kept it going but gave it a Christian interpretation. (This was in keeping with the general process whereby Druidism in Ireland gave way to Christianity with very little opposition, the Druids for the most part saying that their own beliefs were a partial and tentative insight into the nature of God, and that they recognized in Christianity what they had been looking for.) Bridget as an abbess participated in several Irish councils, and her influence on the policies of the Church in Ireland was considerable.

## Gathering Meditation

*Based on Julian of Norwich and Mark 7:37*

*Zack Nyein*

You have done ev-ery-thing well; Ev-ery-thing, you have done well; And all shall be well, and all shall be well, and all man-ner of thing shall be well. \_\_\_

## Opening Acclamation *standing*

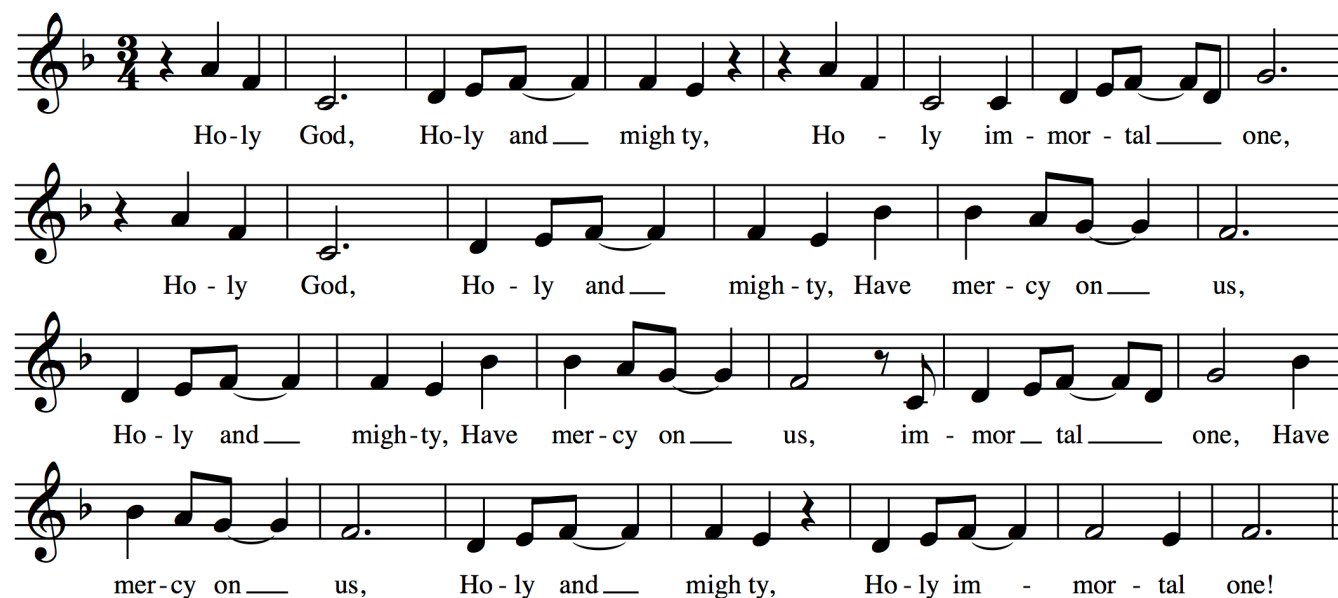
Blessed be God: Father, Son, and Holy Spirit.

**And blessed be God's Kingdom, now and for ever. Amen.**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## Song of Praise: *Trisagion* *standing*

*Zack Nyein*



Ho-ly God, Ho-ly and \_\_\_ migh ty, Ho - ly im - mor - tal \_\_\_ one,  
Ho - ly God, Ho - ly and \_\_\_ migh - ty, Have mer - cy on \_\_\_ us,  
Ho - ly and \_\_\_ migh - ty, Have mer - cy on \_\_\_ us, im - mor - tal \_\_\_ one, Have  
mer - cy on \_\_\_ us, Ho - ly and \_\_\_ migh ty, Ho - ly im - mor - tal one!

## Prayer of the Day *standing*

The Lord be with you.

**And also with you.**

Let us pray.

O God, by whose grace your servant Brigid, kindled with the flame of your love, became a burning and a shining light in your Church: Grant that we also may be aflame with the spirit of love and discipline, and walk before you as children of light; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## 1 Corintios 1:26-31

Hermanos, consideren su propio llamamiento: No muchos de ustedes son sabios, según criterios meramente humanos; ni son muchos los poderosos ni muchos los de noble cuna. Pero Dios escogió lo insensato del mundo para avergonzar a los sabios, y escogió lo débil del mundo para avergonzar a los poderosos. También escogió Dios lo más bajo y despreciado, y lo que no es nada, para anular lo que es, a fin de que en su presencia nadie pueda jactarse. Pero gracias a él

## 1 Corinthians 1:26-31

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us

ustedes están unidos a Cristo Jesús, a quien Dios ha hecho nuestra sabiduría —es decir, nuestra justificación, santificación y redención— para que, como está escrito: «Si alguien ha de gloriarse, que se gloríe en el Señor.

Palabra del Señor.  
**Demos gracias a Dios.**

wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, 'Let the one who boasts, boast in the Lord.'

The Word of the Lord.  
**Thanks be to God.**

## Psalm 84

*Setting by John Tirro*

### *Refrain*

*mp* E - ven the spar - rows, e - ven the spar - rows find a  
home at your al - tar, e - ven the spar - rows find a home.

Blessed are they whose strength is you,  
whose hearts are the highway of Zion.  
As they go through the dry land,  
they make it a place of springs.  
They go from strength to strength.  
The God of gods will be seen in Zion. *Refrain*

Better to be one who waits outside  
the house of the Lord my God  
than live in wickedness,  
better to wait outside. *Refrain*

# Hymn *standing*

“God was there”

*Text: John Bell    Tune: Fran Mckendree*

## *Refrain:*

Al - le - lu - ia! Al - le - lu - ia! Al -  
le - lu - ia! Al - le - lu - ia! \_\_\_\_\_

When the wind on cha - os blew; When the world from no - thing  
While the trades - man was de - cied; While the sav - ior was d -  
In each dark - ness, cloud, and fire; In the quiet, as words re -  
grew; When the pri - mal dream came true, \_\_\_\_\_ God was there. When the  
nied; While his son was cru - ci - fied, \_\_\_\_\_ God was there. God was  
tire; In our lost and best de - sires, \_\_\_\_\_ God is there! Not for  
ear - liest mor - tals talked; When the vir - gin land was  
there, but not in vain, shield - ing joy, and shar - ing  
what we are or do, Not for what we've jour - neyed  
walked; When e - mer - gent faith was rocked, \_\_\_\_\_ God was there.  
pain; rais - ing life to live a - gain, \_\_\_\_\_ God was there! (*Refrain*)  
through, But for all you call us to, \_\_\_\_\_ God be there!

## **Matthew 6:25-33** *standing*

The Holy Gospel of our Lord, Jesus Christ,  
According to Matthew.

**Glory to you, Lord Christ.**

“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?” For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

**Sermon**

**Prayers of the People**

## **Mateo 6:25-33**

Santo Evangelio de nuestro Señor Jesucristo,  
según Mateo.

**¡Gloria a ti, Cristo Señor!**

»Por eso les digo: No se preocupen por su vida, qué comerán o beberán; ni por su cuerpo, cómo se vestirán. ¿No tiene la vida más valor que la comida, y el cuerpo más que la ropa? Fíjense en las aves del cielo: no siembran ni cosechan ni almacenan en graneros; sin embargo, el Padre celestial las alimenta. ¿No valen ustedes mucho más que ellas? ¿Quién de ustedes, por mucho que se preocupe, puede añadir una sola hora al curso de su vida?[a] »¿Y por qué se preocupan por la ropa? Observen cómo crecen los lirios del campo. No trabajan ni hilan; sin embargo, les digo que ni siquiera Salomón, con todo su esplendor, se vestía como uno de ellos. Si así viste Dios a la hierba que hoy está en el campo y mañana es arrojada al horno, ¿no hará mucho más por ustedes, gente de poca fe? Así que no se preocupen diciendo: “¿Qué comeremos?” o “¿Qué beberemos?” o “¿Con qué nos vestiremos?” Los paganos andan tras todas estas cosas, pero el Padre celestial sabe que ustedes las necesitan. Más bien, busquen primeramente el reino de Dios y su justicia, y todas estas cosas les serán añadidas.

El Evangelio del Señor.  
**Te alabamos, Cristo Señor.**

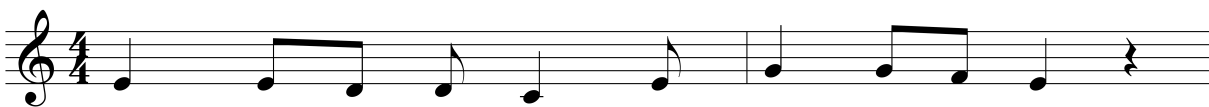
The Rev. Mike Michie

## The Peace

The Peace of the Lord be always with you.  
And also with you.

### Offertory Song *Standing*

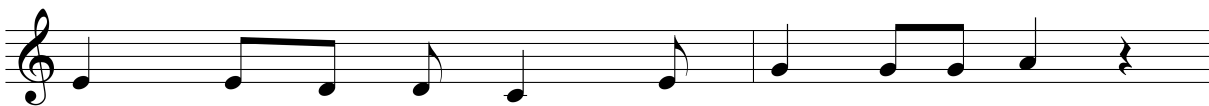
*Text: Tom Troeger    Tune: John Tirro*



1. Far from the mar - kets of rich meat and wine,  
2. Find - ing a child with two fish and five loaves,  
3. Je - sus how - ev - er with con - fi - dent joy,  
4. Out on the hill - side in rows on the grass,  
5. Lest we like Phi - lip and An - drew con - clude  
6. Come to this tab - le, Christ. Come and pre - side.



Je - sus in - vi - ted five thou - sand to dine.  
An - drew as well would have sent home the droves.  
laid his hands o - ver the gifts from the boy.  
ev - ery - one found there was plen - ty to pass,  
we lack e - nough to give ev - ery - one food,  
Touch with your spir - it the gifts we pro - vide,



Phi - lip looked out on the crowd and des - paired:  
Cer - tain that what would be sup - per for one,  
Bless - ing the giv - er of fish and of bread,  
and when they ga - thered what no - bo - dy ate,  
let us each of - fer what each can af - ford,  
bless with your pre - sence the break - ing of bread.



for - tunes were need - ed to get things pre - pared.  
shared with one o - ther would quick - ly be done.  
trust - ing com - plete - ly the crowd would be fed.  
twelve am - ple bas - kets were piled with the weight.  
turn - ing to - ge - ther in prayer to the Lord.  
Then we are cer - tain we all shall be fed.

## **The Great Thanksgiving**

*Adapted from Iona Abbey*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

El Señor sea con ustedes.

**Y con tu espíritu.**

Elevemos los corazones.

**Los elevamos al Señor.**

Demos gracias a Dios nuestro Señor.

**Es justo darle gracias y alabanza.**

It is indeed right, for you made us, most holy God. And before us, you made the world we inhabit, and before the world, you made the eternal home in which, through Christ, we have a place. We praise you, O God, whom eternity cannot contain, for coming to earth and entering time in Jesus. We praise you for his life which informs our living, for his compassion which changes our hearts, for his clear speaking which contradicts our “harmless generalities,” for his disturbing presence, his innocent suffering, his fearless dying, his rising to life breathing forgiveness and restoring us forever to you. For these gifts we praise and worship you.

All that is spectacular, all that is plain have their origin in you. All that is lovely, all who are loving, point to you as their fulfillment. Therefore we gladly join our voices to the song of the Church on earth and in heaven:

*Call and Response:* **Holy, Holy, Holy Lord,  
God of power, God of might,  
Heaven and earth are full of your glory  
Hosanna in the highest.**

**Blessed is the one who comes  
in your most holy Name  
Hosanna in the highest.  
Hosanna in the highest.**

Jesus was always the guest. In the homes of Peter and Jairus, Martha and Mary, Joanna and Susanna, he was always the guest. At the meal tables of the wealthy where he pled the case of the poor, he was always the guest. Upsetting polite company, befriending isolated people, welcoming the stranger, he was always the guest.

But here, at this table, he is the host. Those who wish to serve him must first be served by him. Those who want to follow him must first be fed by him. For this is the table where God intends us to be nourished. This is the time when Christ can make us new. So come, you who hunger and thirst for a deeper faith, for a better life, for a fairer world. Jesus Christ, who has sat at our tables, now invites us to be guests at his.

On the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

En la noche en que fue entregado al sufrimiento y a la muerte, nuestro Señor Jesucristo tomó pan; y dándole gracias, lo partió y lo dio a sus discípulos, y dijo: "Tomen y coman. Este es mi Cuerpo, entregado por ustedes. Hagan esto como memorial mío".

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the

Después de la cena tomó el cáliz; y dándole gracias, se lo entregó, y dijo: "Beban todos de él. Esta es mi Sangre del nuevo Pacto, sangre derramada por ustedes y por muchos para el perdón de los pecados. Siempre que lo beban, háganlo como memorial mío".

So now we do as Jesus did. We take this bread and this wine, the produce of the earth and the fruit of human labor. In these, Jesus has promised to be present; through these, Christ can make us whole. For great is the mystery of faith:

*Call and Response:* **Dying, you destroyed our death,  
Rising, you restored our life,  
Lord Jesus, come in glory!  
Hosanna in the highest!**

We ask, merciful God, that you send, in kindness, your Holy Spirit to settle on this bread and wine and fill them with the fullness of Jesus. Let that same Spirit rest on us, converting us from the patterns of this passing world, until we conform to the shape of him whose food we now share. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Now gathered as one in the power of the Spirit, let us pray in the words our Savior Christ has taught us in the language closest to your heart.

## **The Lord's Prayer**

## **The Breaking of the Bread**

## **Invitation to the Table**



## Songs During Communion

### *Tu Fidelidad*

Marcos Witt



Tu fi - de - li - dad\_ es gran - de.\_ Tu fi - de - li - dad\_ in -  
I de - pend up - on\_ your faith - ful - ness. I can jour - ney on\_ for

com - pa - ra - ble es.\_ Na - die co - mo tu,\_ ben - di - to Dios,  
you are al - ways there. None com - pare\_ with you,\_ O bles - sed One;

gran - de es tu fi - de - li - dad.\_  
great\_ is your faith - ful - ness.\_

### *The King of Love My Shepherd Is*

Traditional

1. The King of love my shepherd is, whose goodness faileth never;  
I nothing lack if I am his, And he is mine forever.
2. Where streams of living water flow, my ransomed soul he leadeth,  
And where the verdant pastures grow, with food celestial feedeth.
3. Perverse and foolish oft I strayed, but yet in love he sought me,  
And on His shoulder gently laid, And home rejoicing brought me.
4. In death's dark vale I fear no ill with thee, dear Lord, beside me;  
Thy rod and staff my comfort still, thy Cross before to guide me.
5. Thou spread'st a table in my sight; thy unction grace bestoweth;  
And oh, what transport of delight from thy pure chalice floweth!
6. And so through all the length of days, thy goodness faileth never;  
Good Shepherd, may I sing thy praise within thy house forever.

## Post-Communion Prayer

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## Episcopal Blessing

### Sending Hymn

"Work for Us to Do"

Mark Miller

*Solo, then all:* 1. Till all the jails are emp-ty and all the bel-lies  
*All:* 2. Till age and race and gen-der no lon-ger se-pa-  
3. By pray-ing through our do-ing, and sing-ing though we  
filled; till no one hurts or steals or lies, and no more blood is spilled:  
rate; till pul-pit, press, and pol-i-tics are free of greed and hate:  
fear, by trust-ing that the seed we sow will bring God's har-vest near:  
God has work for us to do, God has work for us to do, be -  
lieve in the pro-mise, "I make all things new,"  
God has work for us, work for us to do!

## Dismissal

Go in peace to love and serve the Lord.  
Thanks be to God.